



**ReMEMBER,
ReDEDICATE
&
ReJUVINATE
with Susan Hite**

President of Hite Resources Inc., Founder of Susan's Train Your Brain Series™, and weekly host of The Susan Hite Radio Show, heard in NC Sunday mornings at 8:06am on 106.1 FM WRDU.

INSPIRATION + INFORMATION

On Saturday, May 1, 2010, Susan Hite will kick off the day by sharing one of the guiding principles of **Susan's Train Your Brain Series™**, a personal and professional development program (www.susanhite.com/train_your_brain_7_steps), and how that principle influences the 3 R's for living a meaningful life! In addition, Susan will share a tool from the **Psycho-Geometrics®** behavioral system that will help you navigate through the 3 Rs. Susan is one of 30 licensed, global facilitators of **Psycho-Geometrics®** (<http://www.susanhite.com/psychogeometrics>).

**INSPIRATION + INFORMATION + APPLICATION =
TRANSFORMATION**

Then after lunch, have the opportunity to apply what you've learned and reinforced! Susan will guide you through a small group activity that will help you know specifically what you need in order to get rejuvenated and stay rejuvenated!

BECOME A FAN OF THE SUSAN HITE RADIO SHOW

Visit www.facebook.com and search for **The Susan Hite Radio Show**. You can also listen to The Susan Hite Radio show Sunday mornings at 8:06am on WRDU 106.1 FM – Raleigh – or download a show on www.itunes.com anytime.