



Review the 2009-2010 District Project (Camp Carefree)

The North Carolina District is partnering with BIANC to support the 2009 Traumatic Brain Injury (TBI) Camp (September 11-13, Stokesdale NC) for the 2009-2010 District Project. The goal of the District Project is to have every club in the District include participation in Camp Carefree in their 2009-2010 Plans of work. We encourage members and clubs to review the options available for participation and tailor the project to their club and member's interest.



Select the Option(s) for You and/or Your Club

- Option 1: Donate Craft Supplies and Prizes
- Option 2: Monetary Donation
- Option 3: Sponsor a Camper (\$150/camper)
- Option 4: Provide Hands-On Service during Camp

Regardless of your donation type, please be sure to indicate that it applies to "Camp Carefree-Pilot" to ensure proper allocation!



To Sponsor a Camper or Make a Donation:

1. Clubs can elect to sponsor a camper (\$150/camper) or support Camp Care Free through a monetary donation of their choice. Non-camper donations would pay for the actual costs of camp and would be applied towards items like camp rental, insurance, golf cart rental for transporting campers, T-shirts, food and chef, medical and program supplies.
2. Donations are tax deductible. **Indicate that your donation is for Camp Carefree-NC Pilot** in the memo section of your check and mail donations to: BIANC, PO Box 10912, Raleigh, NC 27605.



To Donate Craft Supplies or Prizes:

1. Decorative craft ideas include: wooden picture frames, T-shirts or hats, small plant and pot that can be decorated and taken home for the camper to nurture
2. Prize ideas include: small blankets, healthy snacks, items to encourage exercise (pedometers, balance balls, etc.), nutritional books, motivational items

Prize and craft items need to be received in advance of camp and no later than **September 1, 2009**.
Mail prize and craft items to: BIANC, 2113 Cameron Street, Bryan Bldg., Suite 242, Raleigh, NC 27605

****Note: Physical mailing address is used for donated items!***



Volunteer Opportunities

Volunteers are needed all weekend to support Camp Carefree. Clubs or individual members can participate in many different ways during camp:

- Cabin set up and assignments, registration activities, coffee detail, trash pickup and disposal, food preparation, set up and serving, activity monitor for camper events during the weekend (arts and crafts, outdoor living, fishing and canoes, ropes course, bingo, singing and bonfire in the evening, band and dance in the evening, Sunday morning service)



To Register to Volunteer at Camp:

Complete the volunteer form (link on www.pincdistrict.org) and submit no later than **August 11, 2009** to: BIANC, PO Box 10912, Raleigh, NC 27605

NC Pilots! Let's Go Camping!!!!!!!!!!!!!!

